

# Life Purpose Worksheet

Everybody is here for a reason. Everybody has a purpose to fulfill. Finding and living your purpose (dharma) is your main responsibility in life. Your uniqueness is needed!

Identify your passions, unique talents and those that overlap:

PASSION                      UNIQUE TALENT                      OVERLAP

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From the "overlap" list, answer the following for 3 of them:

#1

#2

#3

Is there a need (y/n)? \_\_\_\_\_

Who can you serve? \_\_\_\_\_

If there is a need and a community of people to serve, then you have successfully identified a life purpose. Now start your affirmations:

*"Every step of my life is leading me towards my dreams."*

*"I will open my mind to see the signs & synchronicities that guide me on my path towards my purpose."*

### VISUALIZATION:

Imagine yourself living your life purpose, living the life of your dreams. Watch yourself like a mental movie. See yourself happy, confident, excited and grateful.