

FIND YOUR PASSION

Passion: more than just enthusiasm or excitement, passion is ambition that is materialized into action to put as much heart, mind, body, and soul into something as is possible. (urban dictionary)

Questions to identify your passions:

What activities make you feel alive, inspired, excited, and creative?

If \$ wasn't a factor, how would you spend your time?

If you had 3 months left to live, what would you do?

Still not sure? Explore your interests...

Identify at least 3 things that are intriguing to you:

1. _____

Explore further by doing the following action items:

a. _____ by (date): _____

b. _____ by (date): _____

2. _____

Explore further by doing the following action items:

a. _____ by (date): _____

b. _____ by (date): _____

3. _____

Explore further by doing the following action items:

a. _____ by (date): _____

b. _____ by (date): _____

*Once you've identified your passions, schedule them into your life!
Use the Life Purpose Worksheet to see which passion can become
a possible LIFE PURPOSE....*